

ABOUT GYMNAESTRADA

Gymnaestrada is a non-competitive demonstration event **that** celebrates participation, community and promotes the spirit of Gymnastics For All. Clubs create group routines to perform on a spring floor with dance and limited acrobatic skills. Groups can be comprised of all ages, can be co-ed, and should include athletes of all skill and developmental levels.

Host Club



4TH ANNUAL GYMNASTICS NOVA SCOTIA GYMNAESTRADA

June 22, 2025

We would love to see you here! Please complete a registration form and send it to gnsprograms@sportnovascotia.ca

Deadline to register: June 6th

Don't Delay - Register Today!

Past Participants (2024)

Breaking Circus
Athletics GymnasticsAcademy
Halifax ALTA Gymnastics Club
Titans Gymnastics and Trampoline Club